



Scituate Harbor Yacht Club CHAPMAN BOWL Regatta

July 9-10 2010

SAILING INSTRUCTIONS

1. INTRODUCTION

Scituate Harbor Yacht Club (SHYC), Scituate, MA is the organizing authority (OA) of the 2010 Chapman Bowl; and they invite PHRF and multi-hull sailors to participate in this event, an overnight race starting off Scituate, MA on Friday, July 9, 2010, and finishing off Scituate. Following the race on Saturday, prizes will be given and there will be a cookout and band at SHYC.

2. GENERAL

A. Each boat owner is responsible for the safety of his/her boat, crew and guests. By entering this event or participating therein, each boat owner warrants and represents for the benefit of his/her crew and guests, participants, spectators and SHYC, that:

(1) His/her boat is seaworthy, including, but not limited to, the soundness of the hull, spars, rigging, sails, and all gear and equipment.

(2) His/her crew is experienced, has undergone appropriate training and is physically fit to safely and properly participate in this event.

B. Each boat owner and crew member acknowledges that he or she participates in this event at his/her own risk and warrants and represents that he or she will comply with all applicable rules and regulations of the OA, as well as all state and federal laws. Each boat owner and crew member agrees to grant SHYC a waiver of any loss or liability arising from participation by the boat owner and/or crew member(s) in this event.

C. Each skipper is solely responsible for the conduct of his/her crew during this event. Conduct deemed by the OA as unbecoming to a yachtsman may result in action under RRS 69.

3. RULES

A. The event will be governed by the "rules" as defined in the USSA Racing Rules of Sailing 2009-2012 (RRS), except as any of these are altered by the Sailing Instructions (SI). Advertising will be restricted to Category A.

B. All boats shall comply with the current "ISAF Special Regulations Governing Offshore and Oceanic Equipment and Preparation, Including US Sailing Prescriptions" for Race Category 3.

C. Except when starting, rounding or passing marks, or within one nautical mile of the finish line, the International Regulations for the Prevention of Collision at Sea (IRPCAS) will replace the Rules of Part II of the RRS.



D. A boat in any class may use her engine to recover a person overboard or to assist any vessel or person in peril. Full details must be stated in an attachment to the certificate of compliance (see SI #18, below). Such details shall include positions, times, courses, speed, etc., from the time the course is altered and/or the engine is started until the boat resumes racing.

E. Minimum crew is three (3) persons, including the skipper, on each boat, except that a boat may race double-handed by meeting the following additional regulations:

- (1) Both crew members shall be at least at least eighteen (18) years of age.
- (2) Spinnakers are not allowed, except that asymmetrical spinnakers may be used without penalty.
- (3) Each boat must have a system for self-steering, which may be used without penalty as/when desired (changes RRS 52).
- (4) A safety harness must be worn by each crew member and attached to the boat from the time of the boat's warning signal until she finishes, except when a crew member is below decks.
- (5) Each boat must have a system for reboarding, such as looped lines or a ladder, along with a hoisting mechanism of 3-part tackle or stronger.

4. ELIGIBILITY

The event is open to crewed and double-handed boats with valid handicap certificates issued by PHRF New England (PHRF-NE) or the New England Multihull Association (NEMA). Certificates from other regional authorities may be submitted to PHRF-NE or to NEMA, as the case may be, for review and normalization.

5. CLASSES AND DIVISIONS

- A. PHRF spinnaker class boats rated 65 and below.
- B. PHRF spinnaker class boats rated 66 to 100.
- C. PHRF spinnaker class boats rated 101 to 140.
- D. PHRF spinnaker class boats rated 141 and above.
- E. Double-Handed boats.
- F. PHRF cruising class boats rated 155 and below.
- G. PHRF cruising class boats rated 156 and above.
- H. Multihull boats.

Depending on numbers of entries, classes may be combined or split, level-racing classes may be offered, and/or double-handed competition may be offered; however, for all series scoring purposes, the MBSA 2010 season class splits will be applied.

6. ENTRIES AND ARRIVALS

A. The entry fee is \$90 for USSA or MBSA members and \$100 for all others. Entries must be submitted on the official entry form, which will be available by May 30, 2010, on the SHYC web page www.shyc.net, or by US mail from Scituate Harbor Yacht Club, 84 Jericho Road, PO Box 275, Scituate, MA 02066.



B. The entry form and the appropriate fee shall be sent to Chapman Bowl Committee, c/o Scituate Harbor Yacht Club, 62 Jericho Road, PO Box 275, Scituate, MA 02066. Each boat entering this event shall enclose a copy of the appropriate handicap certificate with the entry form. The entry deadline is 1800 EDT, Wednesday, July 7, 2010.

C. An entry received after the deadline but before the Captains' Meeting may be accepted at the discretion of the OA and will require a \$25 late fee.

D. Each skipper or his/her representative must register at SHYC, submit a complete crew list, and receive an information packet, no later than 30 (thirty) minutes before the Captains' Meeting. Failure to do so may result in cancellation of the boat's entry. SHYC intends to set up an arrangement for sailors to register no later than 60 (sixty) minutes before the Captains' Meeting.

7. MANDATORY CAPTAINS' MEETING

A. A mandatory captains' meeting will be held 1900 EDT, Thursday, July 8, at SHYC. There will also be an option for calling in on a phone line conference call. 1-866-906-9888 # 2260931. Any captain may appoint a representative to attend by a signing a writing to such effect and having same delivered to the Race Committee representative conducting the meeting. Any boat whose captain or duly appointed representative does not attend the meeting shall have its registration returned and shall not be allowed to start nor sail in the event.

B. Scratch sheets and changes (if any) in the SI will be available. Any substantive questions regarding the conduct of the race or the "rules" must be submitted in writing and will be answered in writing via posting of both question and answer on the official notice board.

8. SIGNALS MADE ASHORE

If signals for postponement or abandonment are made ashore, the flags will be flown from the yardarms of the SHYC flag pole up to 30 minutes before the scheduled "pre-warning" signal (see SI #10, below) for the first class. If A.P. is displayed alone, the "pre-warning" signal will be made not less than 3 hours after the signal is lowered. If A.P. over "A" is displayed, the "pre-warning" signal will be delayed 18 hours.

9. CLASS FLAGS

While within one nautical mile of the starting line or the finish line each boat shall display from her backstay or a stern staff, at least six (6) feet above the transom, the code flag for the class in which she is competing, as specified in SI #5 (above).

10. THE START

A. Classes will start at 10-minute intervals, so the warning for a succeeding class will be 5 minutes after the start of a preceding class (changes RRS 26). Class flags will be as specified in SI #5 (above). The race committee intends to use a horn with all signals.

B. For the first class in the sequence, as a pre-warning signal, Code Flag "R" will be displayed, with one horn, 10 minutes before the start (5 minutes before the warning), and removed, with one sound, 6 minutes before the start (changes RRS 26).



C. The 10-minute pre-warning signal for the first class is scheduled for 1900 EDT, Friday, July 9, 2010. The starting sequence (depending on numbers of entries) will be provided in writing at the skippers' meeting or in the registration packet for each boat.

D. The starting line will be in the vicinity of Scituate Approach Buoy "SA" lighted RW "SA" Mo(A)W, approximate position: 42:12.1 – N, 70:41.8 – W. The starting line will be between a staff from which an orange flag is displayed on the primary race committee boat (signal boat) at the starboard end. A barging buoy may be placed as an extension of the committee boat, and a boat failing to respect that buoy shall be deemed to have hit the committee boat. An orange or yellow inflatable portable mark will be used at the port end.

E. Each boat shall keep clear of the area of the starting line and first leg of the course from the warning signal for the first class to start until her own warning signal.

F. If A.P. over "A" is displayed at the starting line, the 10-minute pre-warning signal for the first class, other than any class that has already started, will be made no earlier than 1000 EDT the next day.

11. RECALLS

In addition to the procedures in RRS 29, the race committee may attempt to hail OCS boats by sail number on VHF-FM channel 72 as soon as practical after the start. A delayed hail, a failure to hail, or the hail of some boat(s) but not some other(s) shall not be grounds for redress. A boat crossing the starting line after her preparatory signal and failing to comply with RRS 29.1 shall be penalized by the addition of one hour to her elapsed time (changes RRS A4.2).

12. COURSES AND DISTANCES

A. The course for each class will be indicated by a numeral pennant or placard. All marks will be rounded to starboard.

"R2" Eastern Point Whistle: 42.34.3 N – 70.39.8 W

"BE" Boston Approach lighted buoy Y"BE", Fl Y 10 sec, approximate position 42:19.5-N, 70:18.9-W.

"B" 42.22.7 N – 70.47.0 W

"Farn" = Farnham Rock lighted bell buoy R"6", Fl R 4 sec, approximate position 42:05.6-N, 70:36.5-W.

"Mary" = Mary Ann Rocks lighted whistle buoy R"12", Fl R 2.5 sec, approximate position 41:55.1-N, 70:30.4-W.

"SA" = Scituate Approach lighted gong buoy RW"SA", Mo(A) W, approximate position 42:12.1-N, 70:41.8-W.



B. The course for each class will be selected from the following list:

1. Approximately 89 nautical miles. Turning marks: R2, BE, R12
2. Approximately 68 nautical miles. Turning marks: R2, BE
3. Approximately 65 nautical miles. Turning marks B, R12
4. Approximately 42 nautical miles. Turning marks B, Farn

13. COURSE RESTRICTIONS

No boat on any course may pass --

[a] to the west of Davis Ledge lighted gong buoy G"1DL", Fl G 2.5 sec, approximate position 42:16.4-N, 70:44.9-W; nor

[b] to the west of Farnham Rock lighted bell buoy R"6", Fl R 4 sec, approximate position 42:05.6-N, 70:36.4-W, except when rounding the buoy as a turning mark when sailing Course 4

14. WITHDRAWAL OR RETIREMENT

A boat withdrawing or retiring from the race for any reason shall notify SHYC by phone (781-545-0372) or VHF-FM channel 72 (after making initial contact on channel 16) at the earliest possible moment.

15. THE FINISH

A. The finish line will be between a staff from which a blue flag or shape is displayed on a race committee boat and buoy SA.

B. If no finish line boat is on station, a boat shall comply with RRS 34 by passing to the east of "SA" and recording the time (EDT) when the buoy bears 270 degrees magnetic and, if possible, the names or sail numbers of the boats immediately ahead and astern.

16. TIME LIMIT

The time limit for all classes, for all courses, will be 1500 EDT, the day after the start.

17. TIME ALLOWANCE

All time allowances will be based on the approximate distances in nautical miles as stated in SI #12, Courses and Distances (above), and the seconds-per-mile ratings of PHRF-NE or NEMA. **To accommodate a shortened course, each boat should note her time as the bow of the boat reaches the rounding marks.**

18. CERTIFICATE OF COMPLIANCE

Each skipper or his/her representative must complete the "certificate of compliance" form and file it at SHYC within 3 hours after finishing, except that a boat finishing between 1900 EDT and 0800 EDT shall have until 1100 EDT to file it.

19. PROTESTS

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A. Any protest or request for redress shall be filed at SHYC within 3 hours after the boat finishes except that a boat finishing between 1900 EDT and 0800 EDT shall have until 1100 EDT to file it.

B. Any protests or requests for redress will be heard in approximately the order of receipt as soon as possible, by a Judge Panel to be established by the OA.

C. Notices of any protests or requests for redress will be posted on the official notice board at SHYC, to inform competitors where and when there is a hearing in which they are parties to a hearing or named as witnesses. This constitutes the notice required by RRS 63.2.

20. PENALTY SYSTEM

A. The Scoring Penalty, RRS 44.3, will apply.

B. At the discretion of the Judges a boat violating a provision of the equipment requirements or of these Sailing Instructions may be penalized by having two hours added to her elapsed time instead of disqualification (changes RRS 64.1(a)).

21. PRIZES

The number of trophies awarded for each class will depend on the number of entries for that class. Special perpetual trophies will also be awarded. The OA intends to present all trophies on Saturday, July 10, 2010, at SHYC.

Revised at 8 AM, July 8, 2010